

**ABSTRACT OF THE DISCLOSURE**

An anhydrous or aqueous composition containing at least one volatile fluoro compound in an amount of at least 0.5% by weight, and a process for make-up removal or for cleansing the skin, comprising (1) applying, preferably with the fingers, a pad of cotton wool, or a paper tissue, a sufficient amount of the composition to the parts of the skin to be cleansed or from which make-up is to be removed, (2) lightly massaging so as to detach the maximum amount of impurities and of the make-up product, and (3) removing the composition using a pad of cotton wool optionally soaked in water.

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